Edit Evidence Summary

Back to Evidence Summary List

View full-text PDF View abstract on PubMed How to Write an Evidence Summary

**Doctor, I have (condition). Would it help me to…(insert treatment/intervention details)**

In 3-4 sentences, please provide the bottom line message for patients from this study.

**What is the evidence?**

Researchers looked at <patients, treatment> and compared them to <patients, comparison>. They measured <what did they measure>. They found that:

* **x fewer/more people out of 100 taking <treatment> had <outcome OR**
* **Outcomes did not differ for people who received <treatment> compared with those who received <placebo/usual care/another treatment.**
* **Other important results from the study**

**What kind of study was this?**

This was a <randomized controlled trial(RCT)/systematic review>. <In an RCT, patients are randomly picked to go in one treatment group or the other treatment group/ A systematic review summarises all available studies on a health care intervention to provide high quality evidence on the effectiveness of that health care intervention.>.

**Who participated in the study?** This <study/review> included <xx> <studies involving> <xx> people who had <list condition and other important inclusion criteria>.

**How was the study done?** The <study compared/reviewers included studies that compared> <Treatment> with <placebo/usual care/another treatment>.

|  |  |  |
| --- | --- | --- |
| **<Treatment/Intervention>** | **vs** | **<Placebo/Usual care/another treatment>** |
| **<**Drugs> {Use generic drug names, with common brand names in parentheses for first use. Thereafter use generic drug names. Include dosing information or other details of administration as needed.]  <Non-drug interventions>. [Provide enough details about what is involved on the part of clinicians/patients (e.g., number and duration of sessions, details about screening tests.] |  | Placebo: A pill/needle/lotion containing an inactive substance that has no effect on the outcome. Sometimes, it is referred to as a “sugar pill.”  <Usual care, which included> [Describe briefly. Often few details will be available.]  <Another treatment>. [See description under Treatment/Intervention] |

Why was this research done?

Please provide a short explanation (maximum of 3-4 short paragraphs) of the problem using lay language. Why was this study needed? Why is this problem important to patients?

**Citation**

*Cite the study here*